



A virtual bike, run, walk community event promoting health, fitness and wellbeing.

INDIVIDUAL REGISTRATION FORM

Registration for this event is \$30.00. Complete your registration on or before July 21st to take advantage of the Early Bird registration price of \$25.00. Return your completed registration form to the VPRD office (Rec Center), 701 A St E, Vinton, IA 52349 (Regular Office Hours: Mon-Fri 8:00AM-4:30PM) by **August 31st, 2017**. Please make checks payable to: VORC (Vinton Off Road Cyclist). All registered participants will receive a COOL custom designed "Troll the Trail" finishers medal available at the Kick-off Party – date TBD.

Name: (Last/First/Middle Initial)		
Address:		
City:	State:	Zip:
Home Phone:	Cell Phone:	
Email:		
Mileage/Timed Goal: <i>Biking:</i>	Mileage/Timed Goal: <i>Running:</i>	Mileage/Timed Goal: <i>Walking:</i>

PARTICIPANT'S RELEASE (Release of Liability):
 In consideration of the acceptance of the entry form, I hereby release VORC, VPRD, City of Vinton and all other entities associated with Troll the Trail event (collectively "Releases") from liability for any injuries received by me during participation of this event. I recognize that participation in Troll the Trail exposes me to risks including but not limited to biking, running or walking related injury and I hereby assume full and complete responsibility for any injury or accident which may occur during my participation in this event.

Participant's or Guardian's Signature _____ Date: _____

Paid \$30 by: Cash	Check# _____	Recd by:
Paid \$25 Early Bird by: Cash	Check# _____	Recd by: